



at THE CROSSROADS *Inspired Living*

SANDWICHES

Served with chips, cottage cheese or fresh veggies with dip. On your choice of bread or wrap

**Gluten Free Bread available upon request.*

GLORIA'S CHICKEN SALAD	\$8
<i>shredded chicken breast, finely minced black olives, celery & onion</i>	
LEMON DILL TUNA SALAD	\$8
<i>flaky white albacore tuna, fresh dill, green onion, mayo & lemon juice</i>	
DILL CUCUMBER BEEF	\$8
<i>premium roast beef, fresh cucumber, & creamy dill sauce</i>	
BLACK PEPPER BEEF (Hot or Cold)	\$8.5
<i>premium roast beef, black pepper cheddar cheese, red onion, & mellow horseradish sauce</i>	
ITALIAN TRIO (Hot or Cold)	\$8
<i>salami, ham, provolone, fresh tomato, & creamy Italian sauce</i>	
VEGGIE PLUS (Hot or Cold)	\$8.5
<i>garden vegetable cheddar, red onion, tomato, fresh spinach, shredded carrots & cucumber</i>	
VEGGIE WRAP	\$7
<i>spring mix, red onion, tomato, shredded carrots, cucumber & sprouts, choice of dressing</i>	
REUBEN (Hot)	\$9
<i>sliced corned beef, baby swiss, sauerkraut, housemade 1000 island dressing on marble rye bread</i>	
CURRY CHICKEN SALAD WRAP	\$8
<i>white meat chicken, mild curry sauce, walnuts, & dried cranberries</i>	
THE ULTIMATE CLUB	\$9
<i>turkey, roast beef, ham, bacon, swiss cheese, cheddar cheese, lettuce, tomato & pesto sauce</i>	
TURKEY AVOCADO WRAP	\$8
<i>turkey, avocado, sprouts, swiss cheese & buttermilk ranch dressing</i>	

QUICHE

Ask your server for today's selection

A Generous Slice.....	\$8
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ADDITIONAL SIDES

POTATO CHIPS.....	\$1
COTTAGE CHEESE.....	\$1
SIDE OF GLORIA'S CHICKEN SALAD.....	\$1.5
SLICE OF BREAD.....	\$.75
SIDE OF FRESH VEGGIES & DIP.....	\$1.5

COMBINATIONS

HALF SANDWICH & HOUSE SALAD or CUP OF SOUP.....	\$8.5
HALF SANDWICH & VERMONT OR SPINACH SALAD.....	\$9.5
CUP OF SOUP & HOUSE SALAD.....	\$8.5
CUP OF SOUP & VERMONT OR SPINACH SALAD.....	\$9.5

SOUPS

Ask your server for today's selection

CUP.....	\$4
BOWL.....	\$5

SALADS

HOUSE SALAD	\$5.5
<i>spring mix, carrots, tomato, cucumber, sprouts & seasoned croutons with choice of dressing</i>	
SPINACH SALAD	\$6
<i>fresh spinach, glazed walnuts, red onion, Mandarin oranges, carrots, dried cranberries & poppy seed vinaigrette dressing</i>	
VERMONT SALAD	
<i>spring mix, candied walnuts, parmesan cheese, dried cranberries, red onions, Granny Smith apple slices & honey maple vinaigrette dressing.....</i>	
	\$6.5
CHEF'S SALAD (ENTRÉE)	\$9.5
<i>spring mix, turkey, ham, cheddar cheese, hardboiled egg, tomato, cucumber, carrots, sprouts & seasoned croutons with choice of dressing</i>	

HOUSEMADE DRESSINGS

Creamy Cucumber
Parmesan Peppercorn

Creamy Italian
Poppy Seed Vinaigrette
Tangy French

Zesty 1000 Island
Buttermilk Dill Ranch